



Find out more about our Reablement Service



How to refer an individual to the service

West Sussex County Council can refer straight into ECL through the Mosaic WSCC customer platform.

If you need advice about the suitability of a customer for reablement care you can contact the team on as.ris.ot.team@westsussex.gov.uk.

ECL will triage and direct the individual to the appropriate pathway.



For queries and referrals email us on ECL.referrals@essexcares.org or call on **03330 133 178**.



ECL Reablement

A guide for healthcare professionals in West Sussex

www.ecl.org **03330 133 178**

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ECL Trading Limited is registered in England and Wales Co No: 08884360.
Registered Office: Seax House, Victoria Road South, Chelmsford, Essex, CM1 1QH.



03330 133 178
www.ecl.org





Who are ECL?

ECL (Essex Cares Limited) was established by Essex County Council in 2009. We operate in London, Essex, and West Sussex.

ECL provide many services throughout these areas including short-term reablement care in people's homes.



How do ECL work with the existing Regaining Independence Service?

All referrals are triaged by ECL to determine reablement potential, risks, and whether the customer has therapy needs. If they do have therapy needs, the referral will be sent to the West Sussex County Council Regaining Independence service, which is led by Occupational Therapists.

If the customer does not have therapy needs then an ECL Trusted Assessor will visit the customer, in their own home, and carry out an assessment to determine the customer's abilities and reablement goals.

ECL Community Reablement Service and the Regaining Independence Service team work closely together, monitoring customer's progress against their goals regularly.



Is your patient suitable for ECL Reablement care?

Clear Reablement candidate where the adult has:

- A varying range of care, behavioural, communication, mobility and/or support needs relating, but not limited to; older age, physical disabilities, acquired brain injury, neurological conditions, mental health, learning disabilities, long-term conditions and/or those people whose care package can be reduced through right sizing.

Criteria for referral:

- Customers must be over the age of 18.
- Customers must be a West Sussex resident.
- Customers must have a primary social care realign need, medically fit and not requiring nursing support.
- Customers must have the cognitive capacity to consent and engage with a reablement programme.
- Customers must be individuals that are not at the 'end of life' care stage defined as - the final 4 weeks of life.



Factors influencing pathway decision:

- Medical history / current health conditions.
- Moving and handling needs.
- Risk of falls.
- Previous package of domiciliary care e.g. prior to hospital admission.
- Recent history of self-neglect / safeguarding.
- Environmental challenges.
- Risk of carer breakdown.
- Complex psychosocial situation.
- Equipment needs.
- Cognitive decline affecting abilities.
- Medication mismanagement.
- Needing specific health professional skills: occupational therapy, physiotherapy, speech and language therapy.
- Indicators of non-engagement.
- Requirement for simple Disabled Facilities Grants or housing support.
- Activity relearning needs.
- Scope for preventative interventions and resilience plans.